DEPARTMENT OF COUNSELING

The Department of Counseling offers the Master of Science in Clinical Mental Health Counseling, Master of Education in School Counseling, and the Doctor of Philosophy in Counselor Education and Supervision. The Department also offers Graduate Certificates in Bilingual Counseling and Integrated Behavioral Healthcare. The Department supports students seeking Certification in the State of Texas through the School Counseling Certification Program. Information on state licensure and/or certification in Clinical Mental Health Counseling is also available.

Criminal History Policy and Acknowledgement

The College of Education and Human Development (COEHD) prepares educators and professionals for fields which require fieldwork, internship, practicum, service-learning and/or clinical teaching. Placements occur in educational, clinical, health care facilities, hospitals, and/or medical settings which require a criminal background check. The University of Texas at San Antonio is required to inform students of the requirements set forth by the Texas Occupation Code, Chapter 53, Sections 53.001 through 53.105 (http://www.texas-statutes.com/occupations-code/chapter-53-consequences-of-criminal-conviction/).

All COEHD prospective students in a licensure or certification program are required to acknowledge that they have been made aware of these requirements and that they have read the COEHD Criminal History Policy. For more information and for completing the acknowledgement form, please visit the Office of Professional Preparation, Assessment, and Accreditation in the College of Education and Human Development.

• M.S. in Clinical Mental Health Counseling (p. 1)
• M.Ed. in School Counseling (p. 2)
  • School Counseling Certification (p. 3)
• Ph.D. in Counselor Education and Supervision (p. 3)

Master of Science Degree in Clinical Mental Health Counseling

The Department of Counseling offers the 60 credit hour Master of Science (M.S.) degree in Clinical Mental Health Counseling. This clinical program emphasizes creativity, diversity, developmental and relational processes, ethics, and professional identity within Clinical Mental Health Counseling. Students may earn credit toward a state license and/or certification to practice in clinical settings (i.e., Licensed Professional Counselor, etc.). The Clinical Mental Health Counseling Program is currently accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP).

Program Admission Requirements

1. Application for admission is conducted through the Graduate School. Applicants must hold a 3.0 grade point average during the last 60 hours of their undergraduate studies to be eligible for admission to the counseling program. Due to competitive nature and limited space, applicants admitted into the program often exceed minimum requirements.

2. International students must have a minimum score of 100 on the TOEFL Internet-based test, 65 on the TOEFL paper-based test, or 7 on the IELTS.
3. Three Applicant Rating forms are required.
4. A two-page narrative statement is required.

Current requirements, forms, and instructions are available on the Graduate School website (http://graduateschool.utsa.edu/). Interested persons should contact the Student Development Specialist for the Counseling program or check the website for more information.

Criminal History Policy and Acknowledgement

The College of Education and Human Development (COEHD) prepares educators and professionals for fields which require fieldwork, internship, practicum, service-learning and/or clinical teaching. Placements occur in educational, clinical, health care facilities, hospital, and/or medical settings which require a criminal background check. The University of Texas at San Antonio is required to inform you of the requirements set forth by the Texas Occupation Code, Chapter 53, Sections 53.001 through 53.105. (http://www.texas-statutes.com/occupations-code/chapter-53-consequences-of-criminal-conviction/)

All COEHD prospective students in a licensure or certification program are required to acknowledge that they have been made aware of these requirements and that they have read the COEHD Criminal History Policy. For more information and for completing the acknowledgement from, please visit the Office of Professional Preparation, Assessment, and Accreditation in the College of Education and Human Development.

Degree Requirements

Candidates for the Master of Science degree in Clinical Mental Health Counseling must earn a minimum of 60 semester credit hours. Students must develop, complete and pass a comprehensive portfolio requirement at the conclusion of their formal coursework.

A. 51 semester credit hours of required courses:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>COU 5113</td>
<td>Ethical, Legal, and Professional Issues in Counseling</td>
</tr>
<tr>
<td>COU 5203</td>
<td>Introduction to Clinical Mental Health Counseling</td>
</tr>
<tr>
<td>COU 5213</td>
<td>Counseling Theories</td>
</tr>
<tr>
<td>COU 5223</td>
<td>Clinical Assessment and Appraisal Strategies for Counselors</td>
</tr>
<tr>
<td>COU 5233</td>
<td>Group Theory and Process</td>
</tr>
<tr>
<td>COU 5243</td>
<td>Diagnosis in Counseling</td>
</tr>
<tr>
<td>COU 5283</td>
<td>Counseling in a Multicultural Setting</td>
</tr>
<tr>
<td>COU 5393</td>
<td>Development of Counseling Skills</td>
</tr>
<tr>
<td>COU 5613</td>
<td>Biopsychosocial Aspects of Addiction Counseling</td>
</tr>
<tr>
<td>COU 5683</td>
<td>Practicum in Counseling</td>
</tr>
<tr>
<td>COU 5713</td>
<td>Clinical Mental Health Counseling Internship I</td>
</tr>
<tr>
<td>COU 5723</td>
<td>Clinical Mental Health Counseling Internship II</td>
</tr>
<tr>
<td>COU 6153</td>
<td>Career Development and Choice</td>
</tr>
<tr>
<td>COU 6523</td>
<td>Couple and Family Counseling Theories</td>
</tr>
<tr>
<td>COU 6883</td>
<td>Trauma, Crisis, and Grief Counseling</td>
</tr>
<tr>
<td>EDP 5033</td>
<td>Human Development Across the Life Span</td>
</tr>
<tr>
<td>EDU 5003</td>
<td>Research Methods</td>
</tr>
</tbody>
</table>

B. 9 semester credit hours of elective courses

Total Credit Hours 60
Standards and Procedures
As part of meeting the program objectives set forth in the Department of Counseling Program Student Handbooks and UTSA Graduate Catalog, students are expected to conduct themselves in an ethical, responsible, and professional manner. This conduct is evaluated through the Fitness to Practice (FTP) policy as an element of students’ academic performance. The purpose of the FTP review process is to regularly monitor students’ professional and personal development (CACREP 2009) to ensure that students demonstrate appropriate progress toward developing the necessary behaviors, attitudes, and professional competencies to practice as a counselor-in-training. Refer to the Department of Counseling’s website for the Fitness to Practice (http://education.utsa.edu/counseling/fitness_to_practice/) policy.

Only two courses with the grade of “C” will be accepted toward this degree. Students must earn a grade of “B” or better in Development of Counseling Skills (COU 5393), and practicum and internship courses (COU 5683, COU 5713, and COU 5723). Students who earn a grade of “C” or lower in a clinical course must retake that course and earn a grade of “B” or better before progressing in the clinical course sequence.

A minimum of a 3.0 grade point average will be required for graduation. Students who obtain more than two grades of “C” will be placed on academic probation and may be required to complete appropriate remedial work.

Students on academic probation or not in good academic standing cannot enroll in practicum or internship and are ineligible to participate in the comprehensive portfolio.

Master of Education Degree in School Counseling
The Department of Counseling offers the Master of Education (M.Ed.) degree in School Counseling. The M.Ed. in School Counseling program is currently accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP 2009). The M.Ed. in School Counseling program prepares students with professional competencies necessary to organize, implement, and evaluate a comprehensive school counseling program in a K–12 school setting.

Criminal History Policy and Acknowledgement
The College of Education and Human Development (COEHD) prepares educators and professionals for fields which require fieldwork, internship, practicum, service-learning and/or clinical teaching. Placements occur in educational, clinical, health care facilities, hospital, and/or medical settings which require a criminal background check. The University of Texas at San Antonio is required to inform you of the requirements set forth by the Texas Occupation Code, Chapter 53, Sections 53.001 through 53.105. (http://www.texas-statutes.com/occupations-code/chapter-53-consequences-of-criminal-conviction/)

All COEHD prospective students in a licensure or certification program are required to acknowledge that they have been made aware of these requirements and that they have read the COEHD Criminal History Policy. For more information and for completing the acknowledgement from, please visit the Office of Professional Preparation, Assessment, and Accreditation in the College of Education and Human Development.

Note that if you are pursuing a professional certification in School Counseling, you will have to apply to the Professional Certification Program in addition to applying for the graduate degree. You will have to provide evidence of your service record, valid teaching certificate, and other admission requirements as listed on the application to the professional certification program. Contact the designated Student Development Specialist or the Assistant Director of the Teacher Certification program for more information.

Program Admission Requirements
1. Application for admission is conducted through the Graduate School. Applicants must hold a 2.7 grade point average during the last 60 hours of their undergraduate studies to be eligible for admission to the counseling program. Applicants admitted into the program often exceed minimum requirements.
2. International students must have a minimum score of 100 on TOEFL Internet-based test, 65 on TOEFL paper-based test, or 7 on the IELTS.
3. Applicants without adequate coursework preparation in Education, Psychology, Sociology or related field may be required to take COU 3103 Helping Skills and, at the discretion of the admissions committee, to complete up to 15 additional hours of preparatory courses as a condition of admission. Contact the Graduate Advisor of Record for the Department of Counseling for more information.
4. Three Applicant Rating forms are required.
5. A two-page narrative statement is required.

Current requirements, forms, and instructions are available on the Graduate School website (http://graduateschool.utsa.edu). Interested persons should contact the Student Development Specialist for the Counseling program or check the website for more information.

Degree Requirements
Candidates for the Master of Education degree in School Counseling must earn a minimum of 48 semester credit hours. Students must develop, complete, and pass a comprehensive portfolio requirement at the conclusion of their formal coursework.

48 semester credit hours of required courses: 48

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>COU 5103</td>
<td>Introduction to School Counseling</td>
</tr>
<tr>
<td>COU 5213</td>
<td>Counseling Theories</td>
</tr>
<tr>
<td>COU 5223</td>
<td>Clinical Assessment and Appraisal Strategies for Counselors</td>
</tr>
<tr>
<td>COU 5233</td>
<td>Group Theory and Process</td>
</tr>
<tr>
<td>COU 5243</td>
<td>Diagnosis in Counseling</td>
</tr>
<tr>
<td>COU 5253</td>
<td>Child and Adolescent Counseling in a Systemic Context</td>
</tr>
<tr>
<td>COU 5283</td>
<td>Counseling in a Multicultural Setting</td>
</tr>
<tr>
<td>COU 5393</td>
<td>Development of Counseling Skills</td>
</tr>
<tr>
<td>COU 5683</td>
<td>Practicum in Counseling 1</td>
</tr>
<tr>
<td>COU 5793</td>
<td>School Counseling Internship I</td>
</tr>
<tr>
<td>COU 5803</td>
<td>School Counseling Internship II</td>
</tr>
<tr>
<td>COU 5813</td>
<td>School Counseling Internship III</td>
</tr>
<tr>
<td>COU 6003</td>
<td>Consultation and Program Evaluation</td>
</tr>
<tr>
<td>COU 6153</td>
<td>Career Development and Choice</td>
</tr>
<tr>
<td>EDP 5033</td>
<td>Human Development Across the Life Span</td>
</tr>
<tr>
<td>EDU 5003</td>
<td>Research Methods</td>
</tr>
</tbody>
</table>

Total Credit Hours 48

1 Practicum in Counseling provides students with their first supervised counseling experience with actual clients. Practicum may be scheduled on campus or off campus.
The School Counseling Internship courses must be situated in a K–12 school setting and students must be supervised by a certified school counselor with a minimum of two years counseling experience.

NOTE: Students must be aware that internship sites beyond a 60-mile radius from the UTSA Downtown Campus will not be approved.

Standards and Procedures
As part of meeting the program objectives set forth in the Department of Counseling Program Student Handbooks and Graduate Catalog, students are expected to conduct themselves in an ethical, responsible, and professional manner. This conduct is evaluated through the Fitness to Practice (FTP) policy as an element of students’ performance. The purpose of the FTP review process is to regularly monitor students’ professional and personal development (CACREP 2009) to ensure students demonstrate appropriate progress towards developing the necessary behaviors, attitudes, and professional competencies to practice as a counselor-in-training. Please refer to the Department of Counseling’s website for the Fitness to Practice (http://education.utsa.edu/counseling/fitness_to_practice/) policy. Only two courses with the grade of “C” will be accepted toward this degree. Students must earn a grade of “B” or better in all clinical courses (COU 5393 Development of Counseling Skills, COU 5683 Practicum in Counseling, COU 5793 School Counseling Internship I, COU 5803 School Counseling Internship II, COU 5813 School Counseling Internship III). Students who earn a “C” or lower in a clinical course must retake that course and earn a grade of “B” or better before progressing in the clinical course sequence.

A minimum of a 3.0 grade point average will be required for graduation. Students who obtain more than two grades of “C” will be placed on academic probation and may be required to complete appropriate remedial work. Students on academic probation or not in good academic standing cannot enroll in practicum or internship courses and are ineligible to participate in the comprehensive portfolio.

School Counseling Certification Program
Students interested in seeking employment as a professional school counselor in a Texas public school must apply to the UTSA School Counseling Certification Program (SCCP). For information on the SCCP application process, visit the Department of Counseling website (http://education.utsa.edu/counseling/m.a_in_school_counseling/) or contact the Department of Counseling Student Development Specialist’s office for the required process, timeline and forms.

Additionally, students wishing to be employed as Texas professional school counselors must successfully meet all other State certification requirements.

Doctor of Philosophy Degree in Counselor Education and Supervision
The Ph.D. program in Counselor Education and Supervision is a full-time 48-semester credit hour program (admission requires a 60-credit master’s degree in counseling from a CACREP accredited program, although applicants may be admitted with deficiencies). Applicants who did not graduate from a 60-credit CACREP-accredited master’s degree program will be required to complete additional background coursework up to the 60-credit requirement. Additional courses will be selected in consultation with the faculty advisor and will consist of courses that fulfill content areas required by CACREP that were not completed in the original master’s degree program. Applicants who have 60-credit master’s degrees from non-CACREP-accredited programs may be required to complete additional background courses if their master’s degree coursework did not include all content areas required by CACREP. The program is intended to prepare professionals for careers in academic, clinical, research, supervisory, and consultation settings. This degree program is nationally accredited through the Council for Accreditation of Counseling and Related Educational Programs (CACREP (https://www.cacrep.org/)). Program graduates will have opportunities to acquire: (a) advanced theoretical knowledge, (b) advanced clinical skills, (c) university teaching skills, (d) research skills, (e) advanced clinical supervision skills, and (f) leadership and advocacy skills. Students are expected to formulate their own philosophy and approach to counselor education and supervision. Multicultural and social justice competencies are emphasized throughout the program.

The Doctoral program objectives include opportunities for:

- Research
- Scholarly writing and publishing
- Clinical supervision with practicum students
- Supervised co-teaching experiences
- Advanced clinical competencies
- Advanced multicultural and social justice competencies
- Leadership and advocacy

Criminal History Policy and Acknowledgement
The College of Education and Human Development (COEHD) prepares educators and professionals for fields which require fieldwork, internship, practicum, service-learning and/or clinical teaching. Placements occur in educational, clinical, health care facilities, hospital, and/or medical settings that require a criminal background check. The University of Texas at San Antonio is required to inform you of the requirements set forth by the Texas Occupation Code, Chapter 53, Sections 53.001 through 53.105 (http://www.texas-statutes.com/occupations-code/chapter-53-consequences-of-criminal-conviction/).

All COEHD prospective students in a licensure or certification program are required to acknowledge that they have been made aware of these requirements and that they have read the COEHD Criminal History Policy. For more information and for completing the acknowledgement from, please visit the Office of Professional Preparation, Assessment, and Accreditation in the College of Education and Human Development.

Program Admission Requirements
Admission to the program is limited and competitive. Meeting the minimum admission requirements does not guarantee acceptance into the program. Competitive applicants usually exceed minimum requirements.

1. A master’s degree in counseling from a Council for Accreditation of Counseling and Related Educational Programs (CACREP) approved program requiring a minimum of 60 semester credit hours. Students with fewer than 60 semester credit hours, and/or from a non-CACREP accredited program may be considered for admission to the program with conditional status, pending completion of the deficient hours and satisfactory completion of courses fulfilling CACREP core course requirements.

2. A minimum grade point average of 3.0 in master’s level courses in counseling or a closely related mental health field.

3. A portfolio consisting of the following items, which will be evaluated by the Doctoral Program Committee:
a. A 60-hour (or greater) master’s degree transcript documenting a grade point average of 3.0 or better in counseling or an approved related mental health field.

b. International students must have a minimum score of 100 on the TOEFL Internet-based test, 65 on the TOEFL paper-based test, or 7 on the IELTS.

c. Three letters of recommendation attesting to the student’s academic and personal attributes for success in the program and potential for contributing substantially to a field of study related to the degree.

d. A written personal statement/essay describing research interests and purpose for pursuing the Ph.D. in Counselor Education and Supervision.

e. Graduate Record Examination (GRE) test scores not older than five years.

f. Documented experience in a work environment (formal positions or internships) where counseling was the primary professional emphasis (may include but is not limited to one-on-one counseling, counseling for couples, psychological assessment and testing, group or community counseling).

g. Professional résumé listing prior experiences in the field of counseling.

4. Successful completion of a finalist interview and rank order selection by the departmental faculty.

**Degree Requirements**

Students pursuing the Ph.D. in Counselor Education and Supervision will be required to pass a qualifying examination prior to admission to candidacy. All candidates will be required to submit a scholarly contribution in the form of a dissertation as partial fulfillment of requirements for this Doctorate (see Dissertation handbook). All students will be evaluated by the fitness to practice policy of the department (see Doctoral Student handbook).

### A. General core courses

- **COU 6003** Consultation and Program Evaluation (3)
- **COU 7123** College and University Teaching (3)
- **COU 7133** Seminar in Professional Development (3)
- **COU 7213** Advanced Theories in Counseling (3)
- **COU 7283** Advanced Multicultural Counseling (3)
- **COU 7313** Practicum in Counseling (3)
- **COU 7413** Internship I (3)
- **COU 7513** Internship II (3)
- **COU 7583** Supervision of Counseling (3)

**Total Credit Hours: 27**

### B. Research courses

- **COU 6893** Foundations of Research in Counseling and Development (3)
- **COU 7103** Qualitative Research Methods in Counseling and Development (3)
- **COU 7893** Advanced Research in Counseling and Development (3)
- **EDU 7043** Educational Research Statistics: Descriptive and Comparative (3)

**Total Credit Hours: 12**

### C. Dissertation

- **COU 7993** Dissertation (9)

**Total Credit Hours: 48**

---

**Standards and Procedures**

As part of meeting the program objectives set forth in the Department of Counseling Program Handbooks and UTSA Graduate Catalog, students are expected to conduct themselves in an ethical, responsible, and professional manner. This conduct is evaluated through the Fitness to Practice (FTP) policy as an element of students’ academic performance. The purpose of the FTP review process is to regularly monitor students’ professional and personal development (CACREP, 2009) to ensure that students demonstrate appropriate progress toward developing the necessary behaviors, attitudes, and professional competencies to practice as counselors-in-training. Please refer to the Department of Counseling website for the Fitness to Practice (http://education.utsa.edu/counseling/fitness_to_practice/) policy.

Students must earn a grade of “B” or better in all courses. Students who earn a grade of “C” or lower in a course must retake that course and earn a grade of “B” or better.

Students must be in the process of completing their formal required coursework (all except dissertation) during the semester in which they take their doctoral qualifying examination (see Counseling Doctoral Program Handbook for additional details and procedures). Before beginning the doctoral dissertation or data collection, students must successfully complete their doctoral qualifying exam, successfully defend their dissertation proposal, secure UTSA Institutional Review Board approval, complete all University, College, and Department requirements, and receive dissertation chair approval.

A minimum of a 3.0 grade point average and a successful dissertation defense are required for graduation.

- Graduate Certificate in Bilingual Counseling (p. 4)
- Graduate Certificate in Integrated Behavioral Healthcare (p. 5)

---

**Graduate Certificate in Bilingual Counseling**

The 12-hour Graduate Certificate in Bilingual Counseling (CBC) is designed to meet the needs of students interested in developing foundational skills in bilingual counseling in Spanish. The Certificate in Bilingual Counseling (CBC) is offered through the Department of Counseling (COU) with support from the Department of Bicultural-Bilingual Studies (BBL). The certificate is designed to meet growing PK-12 school and community needs.

**Admission Requirements**

Admission to the M.Ed. in School Counseling, the M.S. in Clinical Mental Health Counseling, or the Ph.D. in Counselor Education and Supervision or related fields.

Attainment of Level 2 or Level 3 on a Department of Bicultural-Bilingual Studies Spanish proficiency test, specifically developed for this program (students may be allowed to take BBL 5023 and COU 7283 before passing the language assessment at the discretion of the Education Specialist III with the Department of Bicultural-Bilingual Studies).

Additionally, the program is open to non-degree seeking licensed professional counselors and certified school counselors who would like to obtain the certificate.
Certificate Requirements
Requirements for completion include:

- Completion of 12 graduate semester credit hours of approved UTSA coursework with a grade point average (GPA) of 3.0 or above
- Completion of a language assessment
- Successful completion of two recorded, transcribed, and analyzed counseling sessions in Spanish

Requirements include successful completion of the following four courses:

A. Counseling Required Courses:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>COU 7283</td>
<td>Advanced Multicultural Counseling (Offered each spring semester)</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>And at least three hours (one semester) of a designated Spanish internship section.</td>
<td></td>
</tr>
<tr>
<td>COU 5713</td>
<td>Clinical Mental Health Counseling Internship I</td>
<td>3</td>
</tr>
<tr>
<td>COU 5723</td>
<td>Clinical Mental Health Counseling Internship II</td>
<td>3</td>
</tr>
<tr>
<td>COU 5793</td>
<td>School Counseling Internship I</td>
<td>3</td>
</tr>
<tr>
<td>COU 5803</td>
<td>School Counseling Internship II</td>
<td>3</td>
</tr>
<tr>
<td>COU 5813</td>
<td>School Counseling Internship III</td>
<td>3</td>
</tr>
</tbody>
</table>

B. Bicultural Bilingual Required Courses:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>BBL 5023</td>
<td>Cultural Theories in Global Context (Offered each fall semester)</td>
<td>3</td>
</tr>
<tr>
<td>BBL 6033</td>
<td>Topics in Bicultural Studies (Offered fall or spring semester depending on cohort numbers and need.)</td>
<td>3</td>
</tr>
</tbody>
</table>

*Only counseling students who have passed required Language Proficiency exam may register for Counseling in Bicultural-Bilingual settings. This course is offered primarily in Spanish.

Total Credit Hours

12

Students must be able to pass a Spanish language proficiency test demonstrating proficiency in listening and reading comprehension, speaking ability, and writing.

M.Ed. in School Counseling Students (48 hours + 9 additional hours)
- These courses (9 hours) will be taken in addition to the 48-hour degree plan.
- School districts have indicated school counseling applicants with these skills are highly desirable.

M.S. in Clinical Mental Health Students (60 hours + 3 additional hours)
- Three of the required courses can be substituted for the three required electives in the program.
- Thus, students would only need to take one course in addition to the required 60 hours for a total of 63 hours.

Doctoral Students in Counselor Education and Supervision (no additional hours)
- Two of the certification courses are already required (COU 7283 and COU 7413 or COU 7513).
- Students will only need to incorporate BBL 5023 and BBL 6033 into their degree plans to be considered for the certificate.

Certificate Requirements
Requirements include successful completion of the following four courses:

A. Required Integrated Behavioral Health Courses:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>COU 6973</td>
<td>Special Issues (IBHC-P: Integrated Behavioral Health in Primary Care)</td>
<td>3</td>
</tr>
<tr>
<td>COU 6973</td>
<td>Special Issues (IBHC-I: Integrated Behavioral Health Interventions)</td>
<td>3</td>
</tr>
</tbody>
</table>

B. Required Internship Courses

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>COU 5713</td>
<td>Clinical Mental Health Counseling Internship I (Repeated for a total of 6 hours at an approved IBHC field site)</td>
<td>3</td>
</tr>
</tbody>
</table>

Total Credit Hours

12

M.Ed. in School Counseling Students (48 hrs + 12 additional hours)
These four courses (12 hours) will be taken in addition to the 48-hour degree plan.

M.S. in Clinical Mental Health Students (60 hrs)
Two of the required courses will serve as required electives in the program, and the internship courses will meet the need for the required program internships at approved internship sites.

Doctoral Students in Counselor Education and Supervision (48 hrs + 6 additional hours)
COU 6973 Special Issues IBHC-P: Integrated Behavioral Health in Primary Care and COU 6973 Special Issues IBHC-I: Integrated Behavioral Health Interventions will need to be taken in addition to the 48-hour degree plan. With consent of the instructor, students may substitute COU 7413 Internship I and COU 7513 Internship II for COU 5713 Clinical Mental Health Counseling Internship I (Repeated for a total of 6 hours).

Counseling (COU) Courses

COU 5103. Introduction to School Counseling. (3-0) 3 Credit Hours.
Orients students to UTSA's Counseling Program, the school counseling profession, and the roles of professional school counselors. Investigates the legal and ethical aspects of school counseling. Examines planning, designing, implementing, and evaluating a comprehensive and developmental guidance and counseling program that includes students, teachers, administrators, parents, and community members. Examines state and national counseling program models and required competencies. Course Fees: COUN $35; GH01 $90; LRHT $20; STSH $30.

COU 5113. Ethical, Legal, and Professional Issues in Counseling. (3-0) 3 Credit Hours.
Explores philosophical precepts on which counseling interventions are based. Examines ethical and legal standards related to professional practice and the impact of personal values on the counseling process. Course Fees: COUN $35; GH01 $90; LRHT $20; STSH $30.

Graduate Certificate in Integrated Behavioral Healthcare
The 12-hour Graduate Certificate in Integrated Behavioral Healthcare (IBHC) is designed to provide students with specialized coursework and training to work in medical practice settings. This certificate builds on existing partnerships and coursework offered within the Department of Counseling. The certificate is designed to meet growing community healthcare needs.

Admission Requirements
All students will be required to be formally admitted to one of the three degree programs in the Department of Counseling (M.S. in Clinical Mental Health Counseling, M.Ed. in School Counseling, Ph.D. in Counselor Education and Supervision).
COU 5203. Introduction to Clinical Mental Health Counseling. (3-0) 3 Credit Hours.
Provides an overview of the counseling profession. Explores ethical and diversity issues of school and community counselors. Provides an orientation to the counseling program, information about professional credentials, and job roles. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 5213. Counseling Theories. (3-0) 3 Credit Hours.
Major counseling theories and techniques are presented. Students investigate affective, behavioral, relational, and cognitive psychotherapeutic strategies. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 5223. Clinical Assessment and Appraisal Strategies for Counselors. (3-0) 3 Credit Hours.
Introduction to measurement theory, assessment strategies, and individual- and group-administered techniques, including standardized tests. Emphasis on analysis and interpretation of assessment results for case conceptualization and treatment planning. (Formerly titled "Psychological Assessment for Counselors.") Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 5233. Group Theory and Process. (3-0) 3 Credit Hours.
Prerequisites: COU 5103 or COU 5203, and COU 5213. A study of small group theory, research, and procedures. Explores group membership and leadership behavior. Students are required to participate as a member of a small group in this course. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 5243. Diagnosis in Counseling. (3-0) 3 Credit Hours.
Prerequisites: COU 5103 or COU 5203, and COU 5213. Review of Diagnostic and Statistical Manual criteria for mental, behavioral and emotional disorders with case conceptualization emphasizing context, diversity, and relational development. (Formerly titled "Counseling Individuals with Behavioral and Emotional Disorders.") Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 5253. Child and Adolescent Counseling in a Systemic Context. (3-0) 3 Credit Hours.
Prerequisites: COU 5103 or COU 5203, and COU 5213. The emotional and behavioral experiences of childhood and adolescence are discussed within the context of the school and family. Counseling strategies are presented for fostering wellness; teaching parenting skills; responding to crises, disasters and other trauma-causing events; helping students both identify strengths and cope with environmental and developmental problems. Requires casework. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 5283. Counseling in a Multicultural Setting. (3-0) 3 Credit Hours.
Prerequisites: COU 5103 or COU 5203, and COU 5213. A study of major issues of cross-cultural counseling. The impact of diversity (within and between group differences) is examined. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 5393. Development of Counseling Skills. (3-0) 3 Credit Hours.
Prerequisites: COU 5103 or COU 5203, and COU 5213. As the foundational course in the department's sequence of experiential clinical courses, Development of Counseling Skills offers students the opportunity to master basic skills of professional counseling. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 5513. Biopsychosocial Aspects of Addiction Counseling. (3-0) 3 Credit Hours.
Prerequisite: COU 5203. This course examines common drugs of abuse, process addictions, and the etiology, course, and progression of addictive disorders. Students learn to diagnose and conceptualize addiction from contextual, systemic, relational, and holistic perspectives. Reviews evidence-based and innovative approaches used in addiction treatment. (Formerly titled "Substance Abuse and Chemical Dependency Counseling") Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 5583. Practicum in Counseling. (0-0) 3 Credit Hours.
Prerequisites: COU 5103 or COU 5203, COU 5213, COU 5233, COU 5283, COU 5393, and COU 6523. Students must submit an application, verifying prerequisite course completion, the semester before enrolling into Practicum in Counseling. As the second course in the department's clinical training sequence, Practicum in Counseling provides students with an initial opportunity to transition knowledge and skills gained in prior coursework into professional practice settings. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 5713. Clinical Mental Health Counseling Internship I. (0-0) 3 Credit Hours.
Prerequisites: COU 5243 and COU 5683. Students must submit an application, verifying prerequisite course completion, the semester before enrolling into Clinical Mental Health Counseling Internship I. As the third course in the clinical training sequence, Internship I reflects the comprehensive work experience of a professional counselor in community settings. Students are expected to continue demonstration of skills acquired during the Practicum in Counseling. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 5723. Clinical Mental Health Counseling Internship II. (0-0) 3 Credit Hours.
Prerequisite: COU 5713. Students must submit an application, verifying prerequisite course completion, the semester before enrolling into Clinical Mental Health Counseling Internship II. Internship II is the final course of the clinical training sequence. Extensive supervised fieldwork in a UTSA-approved community counseling setting. This course is part of a sequential learning experience intended to expand upon the skills and knowledge gained in Internship I. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 5793. School Counseling Internship I. (0-0) 3 Credit Hours.
Prerequisites: COU 5253 and COU 5683. Students must submit an application, verifying prerequisite course completion, the semester before enrolling into School Counseling Internship I. As the third course in the clinical training sequence, Internship I reflects the comprehensive work experience of a professional counselor in school settings. Students are expected to continue demonstration of skills acquired during the Practicum in Counseling. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 5803. School Counseling Internship II. (0-0) 3 Credit Hours.
Prerequisite: COU 5793. Students must submit an application, verifying prerequisite course completion, the semester before enrolling into School Counseling Internship II. As the fourth course in the clinical training sequence, Internship II reflects the comprehensive work experience of a professional counselor in school settings. Students are expected to continue demonstration of skills acquired during the School Counseling Internship I. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.
COU 5813. School Counseling Internship III. (0-0) 3 Credit Hours. Prerequisite: COU 5803. Students must submit an application, verifying prerequisite course completion, the semester before enrolling into School Counseling Internship III. As the fifth course in the clinical training sequence, Internship III reflects the comprehensive work experience of a professional counselor in school settings. Students are expected to continue demonstration of skills acquired during the School Counseling Internship II. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 6003. Consultation and Program Evaluation. (3-0) 3 Credit Hours. Prerequisites: COU 5103 or COU 5203, and COU 5213. Provides a framework for understanding and practicing consultation in a school, community, and/or organizational setting. Students examine the historical development, major models, and ethical and legal issues related to consultation. Students develop a personal model of consultation and apply theoretical material to case presentations. (May be taken concurrently with COU 5793 School Counseling Internship I.) Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 6013. The Role of Sport in Society. (3-0) 3 Credit Hours. Examination of sport and physical activity, sport's impact on society, and the affective roles sport takes as part of our social structure and the institution of education. (Same as KAH 6013. Credit cannot be earned for both COU 6013 and KAH 6013.) Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 6033. Sport Psychology. (3-0) 3 Credit Hours. A study of cognition and behaviors related to the participation in sport. This course will have a theoretical focus and will include topics such as self-efficacy, performance enhancement, cohesion, arousal, and anxiety. Contemporary research will be discussed. (Same as KAH 6033. Credit cannot be earned for both COU 6033 and KAH 6033.) Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 6043. Applied Sport Psychology. (3-0) 3 Credit Hours. Prerequisite: COU 6033. This course will provide a practical and comprehensive introduction to somatic, cognitive, and behavioral interventions used in athletics to improve performance. Theoretical bases of psychological stress and performance will be explored and appropriate interventions discussed. Research findings related to athletics will be applied. (Same as KAH 6043. Credit cannot be earned for both COU 6043 and KAH 6043.) Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 6153. Career Development and Choice. (3-0) 3 Credit Hours. A study of theories of occupational choice and career development and their application to the guidance and counseling process. Identification and utilization of various types of occupational information and resources in counseling interviews and guidance programs. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 6203. Psychological Perspectives of Motor Learning and Control. (3-0) 3 Credit Hours. Study of the individual processes of skill acquisition, including the involvement of transfer, timing, feedback, practice, and retention as well as the processes of central and peripheral mechanisms involved in implementing physical and perceptual skills. (Same as KAH 6203. Credit cannot be earned for both COU 6203 and KAH 6203.) Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 6323. Advanced Psychological Assessment. (3-0) 3 Credit Hours. Prerequisite: COU 5223. Theory and application of specific instruments and techniques, including administration and scoring. Emphasis on analysis, interpretation, and integration of ability, achievement, and personality assessment results for diagnostics as well as treatment planning. Casework is required. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 6523. Couple and Family Counseling Theories. (3-0) 3 Credit Hours. Prerequisites: COU 5203 and COU 5213. This course examines the history of family therapy, major family counseling theories, and significant marriage and family theorists. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 6546. Clinical Mental Health Counseling Internship III. (0-0) 6 Credit Hours. Prerequisite: COU 5713. Students must submit an application, verifying prerequisite course completion, the semester before enrolling into Clinical Mental Health Counseling Internship III. Internship III is the final course of the clinical training sequence. Extensive supervised fieldwork in a UTSA-approved community counseling setting. This course is part of a sequential learning experience intended to expand upon the skills and knowledge gained in practicum. Course Fees: COUN $35; GH01 $180; LRH1 $20; STSH $60.

COU 6553. Counselors in Organizational Settings, Organizational Health and Behavior. (3-0) 3 Credit Hours. Organizations confront a wide range of challenges when managing individuals in today’s complex and fast-paced work environment. This course will provide an overview of several challenges and discuss how counselors can develop skills to help organizations effectively navigate these issues. Concepts from Counseling, Psychology, Systems Theory, Neuroscience, and Organizational Development will be covered to understand how organizations can develop a person-centered, inclusive, and psychological safe work environment. Course fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 6683. Trauma, Crisis, and Grief Counseling. (3-0) 3 Credit Hours. Prerequisites: COU 5203 and COU 5213. This experiential course covers the full spectrum of grief and loss to include loss by death, and other losses, such as divorce, trauma, addiction, miscarriage, and betrayal. This course reviews the use of creative interventions to help families, individuals, couples, and groups move through periods of adversity and change. Students will engage in reflective activities and demonstrate the principles to effectively counsel clients experiencing grief and loss. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 6893. Foundations of Research in Counseling and Development. (3-0) 3 Credit Hours. Prerequisite: EDU 5003 or consent of instructor. Examination of existing research and research methodology in the field of counseling and development. Describes approaches for conducting applied research, including design and data analysis strategies, emphasizing qualitative, quantitative, and mixed methods. Topics include measurement issues (reliability, validity), data collection approaches (interviews, surveys, case studies), and methods of data analysis. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.
COU 6951. Independent Study. (0-0) 1 Credit Hour.  
Prerequisites: Graduate standing and permission in writing (form available) of the instructor and the student's Graduate Advisor of Record. Independent reading, research, discussion, and/or writing in a counseling-related topic under the direction of a faculty member. For students needing specialized work not normally or not often available as part of the regular course offerings. May be repeated for credit, but no more than 6 hours, regardless of discipline, will apply to the Master's degree. Course Fees: COUN $35; GH01 $30; STSH $10.

COU 6953. Independent Study. (0-0) 3 Credit Hours.  
Prerequisites: Graduate standing and permission in writing (form available) of the instructor and the student's Graduate Advisor of Record. Independent reading, research, discussion, and/or writing in a counseling-related topic under the direction of a faculty member. For students needing specialized work not normally or not often available as part of the regular course offerings. May be repeated for credit, but no more than 6 hours, regardless of discipline, will apply to the Master's degree. Course Fees: COUN $35; GH01 $90; STSH $30.

COU 6961. Comprehensive Examination. (0-0) 1 Credit Hour.  
Prerequisite: Approval of the Graduate Program Committee to take the Comprehensive Examination. Independent study course for the purpose of taking the Comprehensive Examination. May be repeated as many times as approved by the Graduate Program Committee. Enrollment is required each term in which the Comprehensive Examination is taken if no other courses are being taken that term. The grade report for the course is either “CR” (satisfactory performance on the Comprehensive Examination) or “NC” (unsatisfactory performance on the Comprehensive Examination). Course Fees: COUN $35; GH01 $30; STSH $10.

COU 6973. Special Issues. (3-0) 3 Credit Hours.  
Prerequisite: Consent of instructor. An organized course offering the opportunity for specialized study not normally or not often available as part of the regular course offerings. Special Issues courses may be repeated for credit when the topics vary, but no more than 6 hours, regardless of discipline, may be counted toward the Master's degree. (Formerly titled "Special Problems"). Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 7103. Qualitative Research Methods in Counseling and Development. (3-0) 3 Credit Hours.  
Prerequisite: COU 6893 or consent of instructor. Explores qualitative research traditions and approaches in counseling and development, including grounded theory, phenomenology, case study, and ethnography. Describes the stages of qualitative research, from reviewing the relevant research literature and stating the research problem to specifying appropriate procedures for data collection and analysis. Students produce an original proposal for conducting qualitative research in counseling and development as a major component of the course. (Formerly COU 6053. Credit can be earned for only one of the following: COU 7103, COU 6053, or AHE 6053.) Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 7121. College and University Teaching Seminar. (1-0) 1 Credit Hour.  
Provides the student with experiences and theoretical knowledge in the process of higher education. Theories in instruction are explored and the students will be performing activities including but not limited to class preparation, class presentation, testing, and course organization. Classroom experiences are analyzed and discussed under supervision of qualified faculty. Course Fees: COUN $35; GH01 $30; LRH1 $20; STSH $10.

COU 7123. College and University Teaching. (3-0) 3 Credit Hours.  
Provides instruction on models, perspectives, research, and techniques pertaining to teaching within the graduate curriculum in counselor education. Issues related to values and beliefs about the learning process, needs of adult learners, pedagogical techniques, learning styles, and cultural assumptions about teaching and learning are explored. Students will learn how to structure, deliver, and evaluate instruction applicable to all domains of knowledge. Concurrent with enrollment in the course, students are required to serve as teaching assistant (TA) to a faculty member teaching a master's-level course in counseling. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 7133. Seminar in Professional Development. (3-0) 3 Credit Hours.  
Prerequisite: Doctoral status or consent of instructor. This course is intended to provide an overview of current research issues in counselor education, ethical and legal concerns and issues related to counselor identity. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 7213. Advanced Theories in Counseling. (3-0) 3 Credit Hours.  
Prerequisite: COU 5213. In-depth study and analysis of the traditional and contemporary theories of counseling, leadership and organizational theories and analysis of original works by theorists. Critical evaluation of philosophical and psychological assumptions that underlie various theories will be required. Critical analysis of how theories “fit” in current counseling culture will be required. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 7283. Advanced Multicultural Counseling. (3-0) 3 Credit Hours.  
Prerequisite: COU 7213. Comprehensive investigation of multicultural issues, theory, research, and practice relevant to the field of counseling. Cultural identification and exploration of one's heritage and how it impacts the therapeutic process will be required. Emphasis on the development of advanced multicultural counseling competencies will be explored. Extensive cultural experiential field exercises will be required. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 7313. Practicum in Counseling. (3-0) 3 Credit Hours.  
Prerequisite: Doctoral status. This practicum provides a counseling experience prior to the doctoral student entering his/her advanced internship. The course will offer opportunities for growth in skills, knowledge and personal development as a doctoral-level practitioner. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 7413. Internship I. (0-0) 3 Credit Hours.  
Prerequisite: Doctoral status. Incorporates campus-based practicum experience with classroom experience focusing on client problems and the learning of relevant counseling skills. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 7513. Internship II. (0-0) 3 Credit Hours.  
Prerequisites: Doctoral status and permission of instructor. Involves field-based experience within one of several approved community settings including urban public schools, courts, detention centers, and mental health care centers. Students will engage in a variety of roles that include supervision and administration of counseling programs. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 7583. Supervision of Counseling. (3-0) 3 Credit Hours.  
Introduces supervisors-in-training to knowledge and skills identified by the profession as basic to effective tutoring and mentoring skill development of counselors-in-training and practicing counselors. Students will be required to engage in supervision experiences to demonstrate competency in skill acquisition. This course is designed for students who have completed their Master’s degree. Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.
COU 7771. Independent Study. (0-0) 1 Credit Hour.
Prerequisites: Doctoral standing and permission in writing (form available) of the instructor and student's Graduate Advisor of Record. Independent reading, research, discussion, and/or writing under the direction of a faculty member. For students needing specialized work as part of the regular course offerings. May be repeated for credit, but no more than 6 semester credit hours will apply to the Doctoral degree. Course Fees: COUN $35; GH01 $30; STSH $10.

COU 7773. Independent Study. (0-0) 3 Credit Hours.
Prerequisites: Doctoral standing and permission in writing (form available) of the instructor and student's Graduate Advisor of Record. Independent reading, research, discussion, and/or writing under the direction of a faculty member. For students needing specialized work as part of the regular course offerings. May be repeated for credit, but no more than 6 semester credit hours will apply to the Doctoral degree. Course Fees: COUN $35; GH01 $90; STSH $30.

COU 7893. Advanced Research in Counseling and Development. (3-0) 3 Credit Hours.
Prerequisites: COU 6323, COU 7103, and COU 7213, or consent of instructor. Advanced study of scientific inquiry, research-related ethical issues, design, sampling procedures, and data analysis. Encourages development of research skills and inquiry in the context of student's dissertation by linking research questions to appropriate qualitative, quantitative, or multi-method approaches. Emphasis on dissertation data collection, analysis, and presentation. (Formerly titled "Research in Counseling"). Course Fees: COUN $35; GH01 $90; LRH1 $20; STSH $30.

COU 7973. Special Topics in Counseling. (3-0) 3 Credit Hours.
An organized course offering the opportunity for specialized study not normally or often available as part of the regular course offerings. This course may be repeated for credit when topics vary and will apply toward the Doctoral degree. Course Fees: COUN $35; GH01 $90; STSH $30.

COU 7991. Dissertation. (0-0) 1 Credit Hour.
Prerequisites: Admission to candidacy for the Doctoral degree and consent of student's Graduate Advisor of Record. May be repeated for credit, but no more than 12 semester credit hours may be applied to the Doctoral degree. Credit will be awarded upon completion of the dissertation. Course Fees: COUN $35; GH01 $30; STSH $10.

COU 7993. Dissertation. (0-0) 3 Credit Hours.
Prerequisites: Admission to candidacy for the Doctoral degree and consent of student's Graduate Advisor of Record. May be repeated for credit, but no more than 12 semester credit hours may be applied to the Doctoral degree. Credit will be awarded upon completion of the dissertation. Course Fees: COUN $35; GH01 $90; STSH $30.

COU 7996. Dissertation. (0-0) 6 Credit Hours.
Prerequisites: Admission to candidacy for the Doctoral degree and consent of student's Graduate Advisor of Record. May be repeated for credit, but no more than 12 semester credit hours may be applied to the Doctoral degree. Credit will be awarded upon completion of the dissertation. Course Fees: COUN $35; GH01 $180; STSH $60.