DEPARTMENT OF COUNSELING

The Department of Counseling offers the Master of Science in Clinical Mental Health Counseling, Master of Education in School Counseling, and the Doctor of Philosophy in Counselor Education and Supervision. The Department also offers the Graduate Certificate in Bilingual Counseling. The department also supports students seeking Certification in the State of Texas through the School Counseling Certification Program. Information on state licensure and/or certification in Clinical Mental Health Counseling is also available.

Criminal History Policy and Acknowledgement

The College of Education and Human Development (COEHD) prepares educators and professionals for fields which require fieldwork, internship, practicum, service-learning and/or clinical teaching. Placements occur in educational, clinical, health care facilities, hospital, and/or medical settings which require a criminal background check. The University of Texas at San Antonio is required to inform students of the requirements set forth by the Texas Occupation Code, Chapter 53, Sections 53.001 through 53.105 (http://www.texas-statutes.com/occupations-code/chapter-53-consequences-of-criminal-conviction).

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- M.S. in Clinical Mental Health Counseling (p. 1)
- M.Ed. in School Counseling (p. 2)
- Ph.D. in Counselor Education and Supervision (p. 3)

Master of Science Degree in Clinical Mental Health Counseling

The Department of Counseling offers the 60 credit hour Master of Science (M.S.) degree in Clinical Mental Health Counseling. This clinical program emphasizes creativity, diversity, developmental and relational processes, ethics, and professional identity within Clinical Mental Health Counseling. Students may earn credit toward a state license and/or certification to practice in clinical settings (i.e., Licensed Professional Counselors, etc.). The Clinical Mental Health Counseling Program is currently accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP).

Program Admission Requirements

1. Application for admission is conducted through the Graduate School. Applicants must hold a 3.0 grade point average during the last 60 hours of their undergraduate studies to be eligible for admission to the counseling program. Due to competitive nature and limited space, applicants admitted into the program often exceed minimum requirements.

2. International students must have a minimum score of 100 on the TOEFL Internet-based test, 65 on the TOEFL paper-based test, or 7 on the IELTS.

3. Applicants without adequate coursework preparation in Education, Psychology, Sociology or a related field may be required to take COU 3103 Helping Skills and, at the discretion of the admissions committee, to complete up to 15 additional hours of preparatory courses as a condition of admission. Contact the Graduate Advisor of Record for the Department of Counseling for more information.

4. Three Applicant Rating forms are required.

5. A two-page narrative statement is required.

Current requirements, forms, and instructions are available on the Graduate School website (http://graduateschool.utsa.edu). Interested persons should contact the Student Development Specialist for the Counseling program or check the website for more information.

Criminal History Policy and Acknowledgement

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Degree Requirements

Candidates for the Master of Science degree in Clinical Mental Health Counseling must earn a minimum of 60 semester credit hours. Students must develop, complete and pass a comprehensive portfolio requirement at the conclusion of their formal coursework.

A. 51 semester credit hours of required courses:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>COU 5113</td>
<td>Ethical, Legal, and Professional Issues in Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COU 5203</td>
<td>Introduction to Clinical Mental Health Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COU 5213</td>
<td>Counseling Theories</td>
<td>3</td>
</tr>
<tr>
<td>COU 5223</td>
<td>Clinical Assessment and Appraisal Strategies for Counselors</td>
<td>3</td>
</tr>
<tr>
<td>COU 5233</td>
<td>Group Theory and Process</td>
<td>3</td>
</tr>
<tr>
<td>COU 5243</td>
<td>Diagnosis in Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COU 5283</td>
<td>Counseling in a Multicultural Setting</td>
<td>3</td>
</tr>
<tr>
<td>COU 5393</td>
<td>Development of Counseling Skills</td>
<td>3</td>
</tr>
<tr>
<td>COU 5613</td>
<td>Biopsychosocial Aspects of Addiction Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COU 5683</td>
<td>Practicum in Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COU 5713</td>
<td>Clinical Mental Health Counseling Internship I</td>
<td>3</td>
</tr>
<tr>
<td>COU 5723</td>
<td>Clinical Mental Health Counseling Internship II</td>
<td>3</td>
</tr>
<tr>
<td>COU 6153</td>
<td>Career Development and Choice</td>
<td>3</td>
</tr>
<tr>
<td>COU 6523</td>
<td>Couple and Family Counseling Theories</td>
<td>3</td>
</tr>
<tr>
<td>COU 6883</td>
<td>Trauma, Crisis, and Grief Counseling</td>
<td>3</td>
</tr>
<tr>
<td>EDP 5033</td>
<td>Human Development Across the Life Span</td>
<td>3</td>
</tr>
<tr>
<td>EDU 5003</td>
<td>Research Methods</td>
<td>3</td>
</tr>
</tbody>
</table>
Accreditation in the College of Education and Human Development.
For more information and for completing the acknowledgement form, requirements and that they have read the COEHD Criminal History Policy.

All COEHD prospective students in a licensure or certification program are required to acknowledge that they have been made aware of these settings which require a criminal background check. The University of Texas at San Antonio is required to inform you of the requirements set forth by the Texas Occupation Code, Chapter 53, Sections 53.001 through 53.105. (http://www.texas-statutes.com/occupations-code/chapter-53-53-consequences-of-criminal-conviction)

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Note that if you are pursuing a professional certification in School Counseling, you will have to apply to the Professional Certification Program in addition to applying for the graduate degree. You will have to provide evidence of your service record, valid teaching certificate, and other admission requirements as listed on the application to the professional certification program. Contact the designated Student Development Specialist or the Assistant Director of the Teacher Certification program for more information.

**Program Admission Requirements**

1. Application for admission is conducted through the Graduate School. Applicants must hold a 2.7 grade point average during the last 60 hours of their undergraduate studies to be eligible for admission to the counseling program. Applicants admitted into the program often exceed minimum requirements.

2. International students must have a minimum score of 100 on TOEFL Internet-based test, 65 on TOEFL paper-based test, or 7 on the IELTS.

3. Applicants without adequate coursework preparation in Education, Psychology, Sociology or related field may be required to take COU 3103 Helping Skills and, at the discretion of the admissions committee, to complete up to 15 additional hours of preparatory courses as a condition of admission. Contact the Graduate Advisor of Record for the Department of Counseling for more information.

4. Three Applicant Rating forms are required.

5. A two-page narrative statement is required.

Current requirements, forms, and instructions are available on the Graduate School website (http://graduateschool.utsa.edu). Interested persons should contact the Student Development Specialist for the Counseling program or check the website for more information.

**Degree Requirements**

Candidates for the Master of Education degree in School Counseling must earn a minimum of 48 semester credit hours. Students must develop, complete, and pass a comprehensive portfolio requirement at the conclusion of their formal coursework.

### 48 semester credit hours of required courses:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>COU 5103</td>
<td>Introduction to School Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COU 5213</td>
<td>Counseling Theories</td>
<td>3</td>
</tr>
<tr>
<td>COU 5223</td>
<td>Clinical Assessment and Appraisal Strategies for Counselors</td>
<td>3</td>
</tr>
<tr>
<td>COU 5233</td>
<td>Group Theory and Process</td>
<td>3</td>
</tr>
<tr>
<td>COU 5243</td>
<td>Diagnosis in Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COU 5253</td>
<td>Child and Adolescent Counseling in a Systemic Context</td>
<td>3</td>
</tr>
<tr>
<td>COU 5283</td>
<td>Counseling in a Multicultural Setting</td>
<td>3</td>
</tr>
<tr>
<td>COU 5393</td>
<td>Development of Counseling Skills</td>
<td>3</td>
</tr>
<tr>
<td>COU 5683</td>
<td>Practicum in Counseling 1</td>
<td>3</td>
</tr>
<tr>
<td>COU 5793</td>
<td>School Counseling Internship I</td>
<td>3</td>
</tr>
<tr>
<td>COU 5803</td>
<td>School Counseling Internship II</td>
<td>3</td>
</tr>
<tr>
<td>COU 5813</td>
<td>School Counseling Internship III</td>
<td>3</td>
</tr>
<tr>
<td>COU 6003</td>
<td>Consultation and Program Evaluation</td>
<td>3</td>
</tr>
<tr>
<td>COU 6153</td>
<td>Career Development and Choice</td>
<td>3</td>
</tr>
<tr>
<td>EDP 5033</td>
<td>Human Development Across the Life Span</td>
<td>3</td>
</tr>
<tr>
<td>EDU 5003</td>
<td>Research Methods</td>
<td>3</td>
</tr>
</tbody>
</table>

Total Credit Hours 48
The doctorate in Counseling and Related Educational Programs (CACREP). Program graduates will have opportunities to acquire: (a) advanced theoretical knowledge, (b) advanced clinical skills, (c) university teaching skills, (d) research skills, (e) advanced clinical supervision skills, and (f) leadership and advocacy skills. Students are expected to formulate their own philosophy and approach to counselor education and supervision. Multicultural competencies are emphasized throughout the program.

The Doctoral program objectives include opportunities for:

- Research
- Scholarly writing
- Clinical supervision with practicum students
- Supervised co-teaching experiences
- Advanced clinical competencies
- Advanced multicultural competencies
- Leadership and advocacy

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Program Admission Requirements

Admission to the program is limited and competitive. Meeting the minimum admission requirements does not guarantee acceptance into the program. Competitive applicants usually exceed minimum requirements.

1. A master’s degree in counseling with a minimum of 60 semester credit hours from a Council for Accreditation of Counseling and Related Educational Programs (CACREP) approved program. Students with fewer than 60 semester credit hours or with a master’s degree in a closely related field may be considered for admission to the program with conditional status, pending completion of the deficient hours and satisfactory completion of courses to fulfill CACREP core course requirements.
2. A minimum grade point average of 3.0 in master’s level courses in counseling or a closely related mental health field.
3. A portfolio consisting of the following items, which will be evaluated by the Doctoral Program Committee:
   a. A 60-hour (or greater) master’s degree transcript from a CACREP accredited program in counseling, documenting a grade point average of 3.0 or better in counseling (or master’s degree in counseling with less than 60 hours, or master’s degree in a closely related mental health field)
b. International students must have a minimum score of 100 on the TOEFL Internet-based test, 65 on the TOEFL paper-based test, or 7 on the IELTS.

c. Three letters of recommendation attesting to the student’s academic and personal attributes for success in the program and potential for contributing substantially to a field of study related to the degree.

d. A written personal statement/essay describing research interests and purpose for pursuing the Ph.D. in Counselor Education and Supervision.

e. Graduate Record Examination (GRE) test scores not older than five years.

f. Documented experience in a work environment (formal positions or internships) where counseling was the primary professional emphasis (may include but not limited to one-on-one counseling, counseling for couples, psychological assessment and testing, group or community counseling).

g. Professional résumé listing prior experiences in the field of counseling.

4. Successful completion of a finalist interview and rank order selection by the departmental faculty.

**Degree Requirements**

Students pursuing the Ph.D. in Counselor Education and Supervision will be required to pass a qualifying examination prior to admission to candidacy. All candidates will be required to submit a scholarly contribution in the form of a dissertation as partial fulfillment of requirements for this Doctorate (see Dissertation handbook). All students will be evaluated by the fitness to practice policy of the department (see Doctoral Student handbook).

**A. General core courses**

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>COU 6003</td>
<td>Consultation and Program Evaluation</td>
<td>3</td>
</tr>
<tr>
<td>COU 7123</td>
<td>College and University Teaching ¹</td>
<td>3</td>
</tr>
<tr>
<td>COU 7133</td>
<td>Seminar in Professional Development</td>
<td>3</td>
</tr>
<tr>
<td>COU 7213</td>
<td>Advanced Theories of Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COU 7283</td>
<td>Advanced Multicultural Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COU 7313</td>
<td>Practicum in Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COU 7413</td>
<td>Internship I</td>
<td>3</td>
</tr>
<tr>
<td>COU 7513</td>
<td>Internship II</td>
<td>3</td>
</tr>
<tr>
<td>COU 7583</td>
<td>Supervision of Counseling</td>
<td>3</td>
</tr>
</tbody>
</table>

**B. Research courses**

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>COU 6893</td>
<td>Foundations of Research in Counseling and Development</td>
<td>3</td>
</tr>
<tr>
<td>COU 7103</td>
<td>Qualitative Research Methods in Counseling and Development</td>
<td>3</td>
</tr>
<tr>
<td>COU 7893</td>
<td>Advanced Research in Counseling and Development</td>
<td>3</td>
</tr>
<tr>
<td>EDU 7043</td>
<td>Educational Research Statistics: Descriptive and Comparative</td>
<td>3</td>
</tr>
</tbody>
</table>

**C. Dissertation**

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>COU 7993</td>
<td>Dissertation</td>
<td>3</td>
</tr>
<tr>
<td>COU 7996</td>
<td>Dissertation</td>
<td>6</td>
</tr>
</tbody>
</table>

**Total Credit Hours** 48

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¹ New Course: COU 7123. College and University Teaching. (3-0) 3 Credit Hours. Provides instruction on models, perspectives, research, and techniques pertaining to teaching within the graduate curriculum in counselor education. Issues related to values and beliefs about the learning process, needs of adult learners, pedagogical techniques, learning styles, and cultural assumptions about teaching and learning are explored. Students will learn how to structure, deliver, and evaluate instruction applicable to all domains of knowledge. Concurrent with enrollment in the course, students are required to serve as teaching assistant (TA) to a faculty member teaching a master’s-level course in counseling. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

**Standards and Procedures**

As part of meeting the program objectives set forth in the Department of Counseling Program Student Handbooks and UTSA Graduate Catalog, students are expected to conduct themselves in an ethical, responsible, and professional manner. This conduct is evaluated through the Fitness to Practice (FTP) policy as an element of students’ academic performance. The purpose of the FTP review process is to regularly monitor students’ professional and personal development (CACREP, 2009) to ensure that students demonstrate appropriate progress toward developing the necessary behaviors, attitudes, and professional competencies to practice as a counselor-in-training. Please refer to the Department of Counseling website for the Fitness to Practice (http://education.utsa.edu/counseling/fitness_to_practice) policy.

Students must earn a grade of "B" or better in all courses. Students who earn a grade of "C" or lower in a course must retake that course and earn a grade of "B" or better.

Students must be in the process of completing their formal required coursework (all except dissertation) during the semester in which they take their doctoral qualifying examination (see Counseling Doctoral Program Handbook for additional details and procedures). Before beginning the doctoral dissertation or data collection, students must successfully complete their doctoral qualifying exam, successfully defend their dissertation proposal, secure UTSA Institutional Review Board approval, complete all University, College, and Department requirements, and receive dissertation chair approval.

A minimum of a 3.0 grade point average and a successful dissertation defense are required for graduation.

- Graduate Certificate in Bilingual Counseling (p. 4)
- Graduate Certificate in Integrated Behavioral Healthcare (p. 5)

**Graduate Certificate in Bilingual Counseling**

The 12-hour Graduate Certificate in Bilingual Counseling (CBC) is designed to meet the needs of students interested in developing foundational skills in bilingual counseling with an emphasis on Spanish. The Certificate in Bilingual Counseling (CBC) is offered through the Department of Counseling (COU) with support from the Department of Bicultural-Bilingual Studies (BBL). The certificate is designed to meet growing PK-12 school and community needs.
Admission Requirements
Admission to the M.Ed. in School Counseling, the M.S. in Clinical Mental Health Counseling, or the Ph.D. in Counselor Education and Supervision.

Attainment of Level 2 or Level 3 on a Department of Bicultural-Bilingual Studies Spanish proficiency test, specifically developed for this program (students may be allowed to take BBL 5023 and COU 7283 before passing the language assessment at the discretion of the Education Specialist III with the Department of Bicultural-Bilingual Studies).

Additionally, the program is open to non-degree seeking licensed professional counselors who would like to obtain the certification.

Certificate Requirements
Requirements for completion include:

- Completion of 12 graduate semester credit hours of approved UTSA coursework with a grade point average (GPA) of 3.0 or above
- Completion of a language assessment
- Successful completion of two recorded, transcribed, and analyzed counseling sessions in Spanish

Requirements include successful completion of the following four courses:

<table>
<thead>
<tr>
<th>A. Counseling Required Courses:</th>
<th>6</th>
</tr>
</thead>
<tbody>
<tr>
<td>COU 7283</td>
<td>Advanced Multicultural Counseling (Offered each spring semester.)</td>
</tr>
<tr>
<td>COU 7383</td>
<td>Advanced Practicum in Multicultural Counseling (Offered each summer.)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>B. Bicultural Bilingual Required Courses:</th>
<th>6</th>
</tr>
</thead>
<tbody>
<tr>
<td>BBL 5023</td>
<td>Cultural Theories in Global Context (Offered each fall semester.)</td>
</tr>
<tr>
<td>BBL 6033</td>
<td>Topics in Bicultural Studies (Offered fall or spring semester depending on cohort numbers and need.)</td>
</tr>
</tbody>
</table>

*Only counseling students who have passed required Language Proficiency exam may register for Counseling in Bicultural-Bicultural settings. This course is offered primarily in Spanish.

Total Credit Hours 12

Although coursework will be offered in English, students must have the ability to administer Spanish-language tests of language proficiency, academic achievement, and cognitive abilities. The attainment of a passing grade on the Spanish proficiency test pertains to this requirement.

M.Ed. in School Counseling Students (48 hours + 12 additional hours)
- These four courses (12 hours) will be taken in addition to the 48-hour degree plan.
- School districts have indicated school counseling applicants with these skills are highly desirable.

M.S. in Clinical Mental Health Students (60 hours + 3 additional hours)
- Three of the required courses can be substituted for required electives in the program.
- Thus, students would only need to take one course in addition to the required 60 hours for a total of 63 hours.

Doctoral Students in Counselor Education and Supervision (no additional hours)
- Two of the certification courses are already required (COU 7283 and COU 7383).
- Students will only need to incorporate BBL 5023 and BBL 6033 into their degree plans to be considered for the certificate.
- These courses can be used for two of the three required doctoral elective courses.

Graduate Certificate in Integrated Behavioral Healthcare
The 12-hour Graduate Certificate in Integrated Behavioral Healthcare (IBHC) is designed to provide students with specialized coursework and training to work in medical practice settings. This certificate builds on existing partnerships and coursework offered within the Department of Counseling. The certificate is designed to meet growing community healthcare needs.

Admission Requirements
All students will be required to be formally admitted to one of the three degree programs in the Department of Counseling (M.S. in Clinical Mental Health Counseling, M.Ed. in School Counseling, Ph.D. in Counselor Education and Supervision).

Certificate Requirements
Requirements include successful completion of the following four courses:

<table>
<thead>
<tr>
<th>A. Required Integrated Behavioral Health Courses:</th>
<th>6</th>
</tr>
</thead>
<tbody>
<tr>
<td>COU 6973</td>
<td>Special Issues (IBHC-P: Integrated Behavioral Health in Primary Care)</td>
</tr>
<tr>
<td>COU 6973</td>
<td>Special Issues (IBHC-I: Integrated Behavioral Health Interventions)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>B. Required Internship Courses:</th>
<th>6</th>
</tr>
</thead>
<tbody>
<tr>
<td>COU 5713</td>
<td>Clinical Mental Health Counseling Internship I (Repeated for a total of 6 hours at a PITCH field site)</td>
</tr>
</tbody>
</table>

Total Credit Hours 12

M.Ed. in School Counseling Students (48 hrs + 12 additional hours)
These four courses (12 hours) will be taken in addition to the 48-hour degree plan.

M.S. in Clinical Mental Health Students (60 hrs)
Two of the required courses will serve as required electives in the program, and the internship courses will meet the need for the required program internships at approved internship sites.

Doctoral Students in Counselor Education and Supervision (+3 additional hours)
Students will only need to incorporate COU 6973 Special Issues IBHC-P: Integrated Behavioral Health in Primary Care and COU 6973 Special Issues IBHC-I: Integrated Behavioral Health Interventions, and the two master's level internships into their degree plan. These courses can be used for the three required doctoral elective courses. Students will need to add one extra course to their degree plan.
Counseling (COU) Courses

COU 5103. Introduction to School Counseling. (3-0) 3 Credit Hours.
Orients students to UTSA’s Counseling Program, the school counseling profession, and the roles of professional school counselors. Investigates the legal and ethical aspects of school counseling. Examines planning, designing, implementing, and evaluating a comprehensive and developmental guidance and counseling program that includes students, teachers, administrators, parents, and community members. Examines state and national counseling program models and required competencies. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 5113. Ethical, Legal, and Professional Issues in Counseling. (3-0) 3 Credit Hours.
Explores philosophical precepts on which counseling interventions are based. Examines ethical and legal standards related to professional practice and the impact of personal values on the counseling process. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 5203. Introduction to Clinical Mental Health Counseling. (3-0) 3 Credit Hours.
Provides an overview of the counseling profession. Explores ethical and diversity issues of school and community counselors. Provides an orientation to the counseling program, information about professional credentials, and job roles. Requires observational experience. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 5213. Counseling Theories. (3-0) 3 Credit Hours.
Major counseling theories and techniques are presented. Students investigate affective, behavioral, relational, and cognitive psychotherapeutic strategies. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 5223. Clinical Assessment and Appraisal Strategies for Counselors. (3-0) 3 Credit Hours.
Introduction to measurement theory, assessment strategies, and individual- and group-administered techniques, including standardized tests. Emphasis on analysis and interpretation of assessment results for case conceptualization and treatment planning. (Formerly titled "Psychological Assessment for Counselors"). Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 5233. Group Theory and Process. (3-0) 3 Credit Hours.
Prerequisites: COU 5103 or COU 5203, and COU 5213. A study of small group theory, research, and procedures. Explores group membership and leadership behavior. Students are required to participate as a member of a small group in this course. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 5243. Diagnosis in Counseling. (3-0) 3 Credit Hours.
Prerequisites: COU 5103 or COU 5203, and COU 5213. Review of Diagnostic and Statistical Manual criteria for mental, behavioral and emotional disorders with case conceptualization emphasizing context, diversity, and relational development. (Formerly titled "Counseling Individuals with Behavioral and Emotional Disorders"). Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 5253. Child and Adolescent Counseling in a Systemic Context. (3-0) 3 Credit Hours.
Prerequisites: COU 5103 or COU 5203, and COU 5213. The emotional and behavioral experiences of childhood and adolescence are discussed within the context of the school and family. Counseling strategies are presented for fostering wellness; teaching parenting skills; responding to crises, disasters and other trauma-causing events; helping students both identify strengths and cope with environmental and developmental problems. Requires casework. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 5283. Counseling in a Multicultural Setting. (3-0) 3 Credit Hours.
Prerequisites: COU 5103 or COU 5203, and COU 5213. A study of major issues of cross-cultural counseling. The impact of diversity (within and between group differences) is examined. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 5393. Development of Counseling Skills. (3-0) 3 Credit Hours.
Prerequisites: COU 5103 or COU 5203, and COU 5213. As the foundational course in the department’s sequence of experiential clinical courses, Development of Counseling Skills offers students the opportunity to master basic skills of professional counseling. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 5613. Biopsychosocial Aspects of Addiction Counseling. (3-0) 3 Credit Hours.
Prerequisite: COU 5203. This course examines common drugs of abuse, process addictions, and the etiology, course, and progression of addictive disorders. Students learn to diagnose and conceptualize addiction from contextual, systemic, relational, and holistic perspectives. Reviews evidence-based and innovative approaches used in addiction treatment. (Formerly titled "Substance Abuse and Chemical Dependency Counseling") Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 5683. Practicum in Counseling. (0-0) 3 Credit Hours.
Prerequisites: COU 5103 or COU 5203, COU 5213, COU 5233, COU 5283, COU 5393, and COU 6523. Students must submit an application, verifying prerequisite course completion, the semester before enrolling into Practicum in Counseling. As the second course in the department’s clinical training sequence, Practicum in Counseling provides students with an initial opportunity to transition knowledge and skills gained in prior coursework into professional practice settings. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 5713. Clinical Mental Health Counseling Internship I. (0-0) 3 Credit Hours.
Prerequisites: COU 5243 and COU 5683. Students must submit an application, verifying prerequisite course completion, the semester before enrolling into Clinical Mental Health Counseling Internship I. As the third course in the clinical training sequence, Internship I reflects the comprehensive work experience of a professional counselor in community settings. Students are expected to continue demonstration of skills acquired during the Practicum in Counseling. Course Fees: COUN $35; GH01 $75; STSH $18.

COU 5723. Clinical Mental Health Counseling Internship II. (0-0) 3 Credit Hours.
Prerequisite: COU 5713. Students must submit an application, verifying prerequisite course completion, the semester before enrolling into Clinical Mental Health Counseling Internship II. Internship II is the final course of the clinical training sequence. Extensive supervised fieldwork in a UTSA-approved community counseling setting. This course is part of a sequential learning experience intended to expand upon the skills and knowledge gained in Internship I. Course Fees: COUN $35; GH01 $75; STSH $18.
COU 5793. School Counseling Internship I. (0-0) 3 Credit Hours.
Prerequisites: COU 5253 and COU 5683. Students must submit an
application, verifying prerequisite course completion, the semester before enrolling into School Counseling Internship I. As the third course in the
clinical training sequence, Internship I reflects the comprehensive work experience of a professional counselor in school settings. Students are expected to continue demonstration of skills acquired during the Practicum in Counseling. Course Fees: COUN $35; GH01 $75; STSH $18.

COU 5803. School Counseling Internship II. (0-0) 3 Credit Hours.
Prerequisite: COU 5793. Students must submit an application, verifying prerequisite course completion, the semester before enrolling into School Counseling Internship II. As the fourth course in the clinical training sequence, Internship II reflects the comprehensive work experience of a professional counselor in school settings. Students are expected to continue demonstration of skills acquired during the School Counseling Internship I. Course Fees: COUN $35; GH01 $75; STSH $18.

COU 5813. School Counseling Internship III. (0-0) 3 Credit Hours.
Prerequisite: COU 5803. Students must submit an application, verifying prerequisite course completion, the semester before enrolling into School Counseling Internship III. As the fifth course in the clinical training sequence, Internship III reflects the comprehensive work experience of a professional counselor in school settings. Students are expected to continue demonstration of skills acquired during the School Counseling Internship II. Course Fees: COUN $35; GH01 $75; STSH $18.

COU 6003. Consultation and Program Evaluation. (3-0) 3 Credit Hours.
Prerequisites: COU 5103 or COU 5203, and COU 5213. Provides a framework for understanding and practicing consultation in a school and/or community setting. Students examine the historical development, major models, and ethical and legal issues related to consultation. Students develop a personal model of consultation and apply theoretical material to case presentations. (May be taken concurrently with COU 5793 School Counseling Internship I.) Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 6013. The Role of Sport in Society. (3-0) 3 Credit Hours.
Examination of sport and physical activity, sport’s impact on society, and the affective roles sport takes as part of our social structure and the institution of education. (Same as KAH 6013. Credit cannot be earned for both COU 6013 and KAH 6013.) Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 6033. Sport Psychology. (3-0) 3 Credit Hours.
A study of cognition and behaviors related to the participation in sport. This course will have a theoretical focus and will include topics such as self-efficacy, performance enhancement, cohesion, arousal and anxiety. Contemporary research will be discussed. (Same as KAH 6033. Credit cannot be earned for both COU 6033 and KAH 6033.) Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 6043. Applied Sport Psychology. (3-0) 3 Credit Hours.
Prerequisite: COU 6033. This course will provide a practical and comprehensive introduction to somatic, cognitive and behavioral interventions used in athletics to improve performance. Theoretical bases of psychological stress and performance will be explored and appropriate interventions discussed. Research findings related to athletics will be applied. (Same as KAH 6043. Credit cannot be earned for both COU 6043 and KAH 6043.) Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 6153. Career Development and Choice. (3-0) 3 Credit Hours.
A study of theories of occupational choice and career development and their application to the guidance and counseling process. Identification and utilization of various types of occupational information and resources in counseling interviews and guidance programs. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 6203. Psychological Perspectives of Motor Learning and Control. (3-0) 3 Credit Hours.
Study of the individual processes of skill acquisition, including the involvement of transfer, timing, feedback, practice, and retention as well as the processes of central and peripheral mechanisms involved in implementing physical and perceptual skills. (Same as KAH 6203. Credit cannot be earned for both COU 6203 and KAH 6203.) Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 6323. Advanced Psychological Assessment. (3-0) 3 Credit Hours.
Prerequisite: COU 5223. Theory and application of specific instruments and techniques, including administration and scoring. Emphasis on analysis, interpretation, and integration of ability, achievement, and personality assessment results for diagnostics as well as treatment planning. Casework is required. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 6523. Couple and Family Counseling Theories. (3-0) 3 Credit Hours.
Prerequisites: COU 5203 and COU 5213. This course examines the history of family therapy, major family counseling theories, and significant marriage and family theorists. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 6533. Mental Health and Addiction Issues in Couple and Family Counseling. (3-0) 3 Credit Hours.
Prerequisite: COU 6523. This course addresses current pressing topics within the marriage and family counseling literature. These topics may range from family, couple, and child assessment, contemporary or changing treatment interventions, and legal and ethical issues faced by counselors in marriage and family practitioners. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 6543. Intermediate Skills in Couple and Family Counseling. (3-0) 3 Credit Hours.
Prerequisite: COU 6523. This course provides a clinical marriage and family practice component. It is a skills development course that provides an opportunity for students to become proficient in specific marriage and family related clinical practices. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 6553. Assessment and Treatment in Couple and Family Counseling. (3-0) 3 Credit Hours.
Prerequisite: COU 6523. This course provides an overview of common assessment and treatment strategies for counselors working with couples and families. This course will also explore creative and innovative strategies for working with couples and families. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 6613. Addicted Families, Violence, and Life-Threatening Behaviors. (3-0) 3 Credit Hours.
Prerequisites: COU 5613 and COU 6523. This course explores the intertwined comorbidity of family addictions, violence, and life-threatening behaviors (e.g., suicide, child abuse, domestic violence, etc.) and provides an opportunity for students to obtain the basic knowledge and practice skills to provide thorough counseling practices to families presenting with this "triple threat". Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.
COU 6723. Counseling for Advocacy and Social Justice. (3-0) 3 Credit Hours.
Prerequisite: COU 5283. Examination of the role of social responsibility within the counseling profession. Focuses on the exploration and application of social change strategies on behalf of diverse clients in communities and schools. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 6733. Health Care Counseling and Diverse Cultures. (3-0) 3 Credit Hours.
Prerequisite: COU 5283. Students will explore the historical context of the relationship between the U.S. government and health care disparities among racial and ethnic minorities. Students will examine how families and cultural competencies can be incorporated into the health counseling process. Course Fees: COUN $35; GH01 $10; STSH $18.

COU 6773. Introduction to Neurofeedback. (3-0) 3 Credit Hours.
The course is an introduction to neurofeedback, a form of biofeedback used to help individuals regulate brainwave patterns (via electroencephalogram readings). Course content covers an overview of neurofeedback, history of the field, principles of learning, concepts of biofeedback, basic neurophysiology and neuroanatomy, basic instrumentation and electronics, research, psychopharmacological considerations, treatment planning, and professional conduct. This course is designed to meet the criteria of the “Blueprint of Knowledge Statement for Board Certification in Neurofeedback” by the Biofeedback Certification International Alliance. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 6783. Advanced Neurofeedback. (3-0) 3 Credit Hours.
This is an advanced neurofeedback course that covers advanced topics in neuroanatomy, clinical assessment, and treatment planning using neurofeedback. Students will demonstrate skills in administering and interpreting clinical neurofeedback protocols. Case studies will be used to prepare students for their practicum in neurofeedback. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 6793. Practicum in Neurofeedback. (3-0) 3 Credit Hours.
This course provides students with hands-on experience in clinical assessment skills, administering and interpreting EEGs, developing and administering neurofeedback protocols, and monitoring neurofeedback treatment. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 6883. Trauma, Crisis, and Grief Counseling. (3-0) 3 Credit Hours.
Prerequisites: COU 5203 and COU 5213. This experiential course covers the full spectrum of grief and loss to include loss by death, and other losses, such as divorce, trauma, addiction, miscarriage, and betrayal. This course reviews the use of creative interventions to help families, individuals, couples, and groups move through periods of adversity and change. Students will engage in reflective activities and demonstrate the principles to effectively counsel clients experiencing grief and loss. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 6893. Foundations of Research in Counseling and Development. (3-0) 3 Credit Hours.
Prerequisite: EDU 5003 or consent of instructor. Examination of existing research and research methodology in the field of counseling and development. Describes approaches for conducting applied research, including design and data analysis strategies, emphasizing qualitative, quantitative, and mixed methods. Topics include measurement issues (reliability, validity), data collection approaches (interviews, surveys, case studies), and methods of data analysis. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 6951. Independent Study. (0-0) 1 Credit Hour.
Prerequisites: Graduate standing and permission in writing (form available) of the instructor and the student's Graduate Advisor of Record. Independent reading, research, discussion, and/or writing in a counseling-related topic under the direction of a faculty member. For students needing specialized work not normally or not often available as part of the regular course offerings. May be repeated for credit, but no more than 6 hours, regardless of discipline, will apply to the Master's degree. Course Fees: COUN $35; GH01 $25; STSH $6.

COU 6953. Independent Study. (0-0) 3 Credit Hours.
Prerequisites: Graduate standing and permission in writing (form available) of the instructor and the student's Graduate Advisor of Record. Independent reading, research, discussion, and/or writing in a counseling-related topic under the direction of a faculty member. For students needing specialized work not normally or not often available as part of the regular course offerings. May be repeated for credit, but no more than 6 hours, regardless of discipline, will apply to the Master's degree. Course Fees: COUN $35; GH01 $75; STSH $18.

COU 6961. Comprehensive Examination. (0-0) 1 Credit Hour.
Prerequisite: Approval of the Graduate Program Committee to take the Comprehensive Examination. Independent study course for the purpose of taking the Comprehensive Examination. May be repeated as many times as approved by the Graduate Program Committee. Enrollment is required each term in which the Comprehensive Examination is taken if no other courses are being taken that term. The grade report for the course is either "CR" (satisfactory performance on the Comprehensive Examination) or "NC" (unsatisfactory performance on the Comprehensive Examination). Course Fees: COUN $35; GH01 $25; STSH $6.

COU 6973. Special Issues. (3-0) 3 Credit Hours.
Prerequisite: Consent of instructor. An organized course offering the opportunity for specialized study not normally or not often available as part of the regular course offerings. Special Issues courses may be repeated for credit when the topics vary, but no more than 6 hours, regardless of discipline, may be counted toward the Master's degree. (Formerly titled “Special Problems”). Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 7103. Qualitative Research Methods in Counseling and Development. (3-0) 3 Credit Hours.
Prerequisites: COU 6893 or consent of instructor. Explores qualitative research traditions and approaches in counseling and development, including grounded theory, phenomenology, case study, and ethnography. Describes the stages of qualitative research, from reviewing the relevant research literature and stating the research problem to specifying appropriate procedures for data collection and analysis. Students produce an original proposal for conducting qualitative research in counseling and development as a major component of the course. (Formerly COU 6053. Credit can be earned for only one of the following: COU 7103, COU 6053, or AHE 6053.) Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 7121. College and University Teaching Seminar. (1-0) 1 Credit Hour.
Provides the student with experiences and theoretical knowledge in the process of higher education. Theories in instruction are explored and the students will be performing activities including but not limited to class preparation, class presentation, testing, and course organization. Classroom experiences are analyzed and discussed under supervision of qualified faculty. Course Fees: COUN $35; GH01 $25; LRH1 $10; STSH $6.
COU 7133. Seminar in Professional Development. (3-0) 3 Credit Hours. Prequisite: Doctoral status or consent of instructor. This course is intended to provide an overview of current research issues in counselor education, ethical and legal concerns and issues related to counselor identity. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 7213. Advanced Theories of Counseling. (3-0) 3 Credit Hours. Prequisite: COU 5213. In-depth study and analysis of the traditional and contemporary theories of counseling and analysis of original works by theorists. Critical evaluation of philosophical and psychological assumptions that underlie various theories will be required. Critical analysis of how theories “fit” in current counseling culture will be required. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 7283. Advanced Multicultural Counseling. (3-0) 3 Credit Hours. Prequisite: COU 7213. Comprehensive investigation of multicultural issues, theory, research, and practice relevant to the field of counseling. Cultural identification and exploration of one’s heritage and how it impacts the therapeutic process will be required. Emphasis on the development of advanced multicultural counseling competencies will be explored. Extensive cultural experiential field exercises will be required. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 7313. Practicum in Counseling. (3-0) 3 Credit Hours. Prequisite: Doctoral status. This practicum provides a counseling experience prior to the doctoral student entering his/her advanced internship. The course will offer opportunities for growth in skills, knowledge and personal development as a doctoral-level practitioner. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 7383. Advanced Practicum in Multicultural Counseling. (3-0) 3 Credit Hours. Prequisite: COU 7283 or consent of instructor. Investigation and application of multicultural counseling content to clinical practice. This skills-development course assists students in their proficiency in counseling clients of diverse backgrounds. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 7413. Internship I. (0-0) 3 Credit Hours. Prequisite: Doctoral status. Internship I is a supervised field experience for students in their proficiency in counseling clients of diverse backgrounds. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 7413. Internship II. (0-0) 3 Credit Hours. Prequisite: Doctoral status and permission of instructor. Involves field-based experience within one of several approved community settings including urban public schools, courts, detention centers, and mental health care centers. Students will engage in a variety of roles that include supervision and administration of counseling programs. Course Fees: COUN $35; GH01 $75; STSH $18.

COU 7583. Supervision of Counseling. (3-0) 3 Credit Hours. Introduces supervisors-in-training to knowledge and skills identified by the profession as basic to effective tutoring and mentoring skill development of counselors-in-training and practicing counselors. Students will be required to engage in supervision experiences to demonstrate competency in skill acquisition. This course is designed for students who have completed their Master’s degree. Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 7593. Practicum in Counseling Supervision. (3-0) 3 Credit Hours. Prequisite: COU 7583. An advanced experiential course aimed at translating supervision theory into practice. Students will be required to supervise master’s level counselors-in-training. Current models of supervision and their application will be emphasized. Course Fees: COUN $35; GH01 $75; STSH $18.

COU 7771. Independent Study. (0-0) 1 Credit Hour. Prequisite: Doctoral standing and permission in writing (form available) of the instructor and student’s Graduate Advisor of Record. Independent reading, research, discussion, and/or writing under the direction of a faculty member. Students needing specialized work as part of the regular course offerings. May be repeated for credit, but no more than 6 semester credit hours will apply to the Doctoral degree. Course Fees: COUN $35; GH01 $25; STSH $6.

COU 7773. Independent Study. (0-0) 3 Credit Hours. Prequisite: Doctoral standing and permission in writing (form available) of the instructor and student’s Graduate Advisor of Record. Independent reading, research, discussion, and/or writing under the direction of a faculty member. Students needing specialized work as part of the regular course offerings. May be repeated for credit, but no more than 6 semester credit hours will apply to the Doctoral degree. Course Fees: COUN $35; GH01 $75; STSH $18.

COU 7893. Advanced Research in Counseling and Development. (3-0) 3 Credit Hours. Prequisite: COU 6323, COU 7103, and COU 7213, or consent of instructor. Advanced study of scientific inquiry, research-related ethical issues, design, sampling procedures, and data analysis. Encourages development of research skills and inquiry in the context of student’s dissertation by linking research questions to appropriate qualitative, quantitative, or multi-method approaches. Emphasis on dissertation data collection, analysis, and presentation. (Formerly titled “Research in Counseling”) Course Fees: COUN $35; GH01 $75; LRH1 $10; STSH $18.

COU 7973. Special Topics in Counseling. (3-0) 3 Credit Hours. An organized course offering the opportunity for specialized study not normally or often available as part of the regular course offerings. This course may be repeated for credit when topics vary and will apply toward the Doctoral degree. Course Fees: COUN $35; GH01 $75; STSH $18.

COU 7991. Dissertation. (0-0) 1 Credit Hour. Prequisite: Admission to candidacy for the Doctoral degree and consent of student’s Graduate Advisor of Record. May be repeated for credit, but no more than 12 semester credit hours may be applied to the Doctoral degree. Credit will be awarded upon completion of the dissertation. Course Fees: COUN $35; GH01 $25; STSH $6.

COU 7993. Dissertation. (0-0) 3 Credit Hours. Prequisite: Admission to candidacy for the Doctoral degree and consent of student’s Graduate Advisor of Record. May be repeated for credit, but no more than 12 semester credit hours may be applied to the Doctoral degree. Credit will be awarded upon completion of the dissertation. Course Fees: COUN $35; GH01 $75; STSH $18.

COU 7996. Dissertation. (0-0) 6 Credit Hours. Prequisite: Admission to candidacy for the Doctoral degree and consent of student’s Graduate Advisor of Record. May be repeated for credit, but no more than 12 semester credit hours may be applied to the Doctoral degree. Credit will be awarded upon completion of the dissertation. Course Fees: COUN $35; GH01 $150; STSH $36.