Student Health Services

Student Health Services provides medical care and wellness programs to currently enrolled students. Our staff is committed to providing quality medical care and innovative health education to empower and support student success.

Main Clinic: Recreation Wellness Center 1.500 or (210) 458-4142.

Student Health Insurance

The University of Texas System is pleased to offer the Student Health Insurance Plan. For information about the Student Health Insurance Plan, visit the Student Health Services web site at www.utsa.edu/health (http://www.utsa.edu/health).

Incoming Student Requirements

AlcoholEdu, Haven, and Haven Plus

AlcoholEdu and Haven are online education programs that are required for all new incoming freshmen. Haven Plus is required for all incoming Graduate Students. Failure to complete the programs will result in a hold preventing students from viewing their final grades in ASAP and requesting a transcript. For information about AlcoholEdu, Haven, or Haven Plus, visit the Student Health Services web site at www.utsa.edu/health/AlcoholEdu (http://www.utsa.edu/health/AlcoholEdu).

Bacterial Meningitis Vaccination

All entering college and university students age 21 years old and younger are required to show proof of an initial meningococcal vaccination or a booster dose within five years from the first day of the school semester. They must get the vaccine at least 10 days before the semester begins. Only the quadrivalent vaccine, which protects against four types of meningococcus bacteria, (MCV4, MPSV4) will be accepted.

Students must fulfill this requirement if they meet any of the following:

- A first-time student of an institution of higher education or private or independent institution of higher education
- A transfer student
- A student who previously attended an institution of higher education, who is enrolling in the same or another institution of higher education following a break in enrollment of at least one fall or spring semester

The following students are exempt from the vaccine requirement:

- A student 22 years of age or older by the first day of the semester
- A student enrolled only in online or other distance education courses
- A student enrolled in a continuing education course or program that is less than 360 contact hours
- A student who cannot take the vaccine because of medical reasons (must be verified by physician)
- A student declines the vaccine due to reasons of conscience, including a religious belief.

For more information about the Meningitis Vaccine requirement and proof of vaccination, visit our web site www.utsa.edu/health (http://www.utsa.edu/health).

Request for Exemption from Immunizations for Reasons of Conscience

Students must use the official Texas Department of State Health Services (TDSHS) form. The TDSHS form may be ordered electronically from this website: https://corequest.dshs.texas.gov. It is then mailed from TDSHS to the student and it may take up to two weeks to receive the form.

The TDSHS form must be completed, notarized, and sent to Student Health Services within 90 days from the date it was notarized. It is the student’s responsibility to complete the TDSHS form and have it notarized. Information about requesting the TDSHS affidavit form is available here: https://corequest.dshs.texas.gov.

The affidavit must be completely filled out, signed in the correct areas, and notarized. Student Health Services accepts originals only. Incomplete forms or photocopies will not be accepted and may delay the process of class registration.

Mail to or bring in person:
The University of Texas at San Antonio
Student Health Services
One UTSA Circle,
San Antonio, TX 78249

Recommended Immunizations

The American College Health Association, the National Center for Disease Control, Texas Department of State Health Services, and The University of Texas at San Antonio recommend the following immunizations. Please note that Student Health Services does not administer these vaccinations.

Tetanus–Diphtheria Vaccine

Initially, a series of three vaccines is administered within 10 years. People of all ages should have this vaccine.

Measles–Mumps–Rubella Vaccine

Students born after 1957 should have two doses of MMR vaccine administered on or after their first birthday, at least 30 days apart, and prior to beginning classes.

Poliomyelitis (A.K.A. Polio) Vaccine

This vaccine is recommended for people under 18 years of age.

Hepatitis B Vaccine

Programs offered in conjunction with UT Health Science San Antonio may require this vaccine.

International Students

Bacterial Meningitis Vaccination

The State of Texas has required that in order to register for classes all students under the age of 22 are required to document their Meningococcal Meningitis (http://utsa.edu/health/requirements/meningitis.html) immunization. Only the quadrivalent vaccine, which protects against four types of meningococcus bacteria, (MCV4, MPSV4) will be accepted.

The Meningococcal Meningitis immunization must be received during the 5 year period prior to but not later than 10 days before the first day of the semester.
Proof of Meningococcal immunization must be submitted to Student Health Services (http://utsa.edu/health) by email or fax by the deadlines. Immunization records must be translated in English.

**Tuberculosis (TB) Test**

It is highly recommended that International students take a TB blood test in their home country. Student Health Services accepts the following blood tests:

- QuantiFERON GOLD
- T-Spot

TB testing must be performed on or after **March 1st** for the **summer** or **fall** semesters and on or after **September 1st** for the following **spring** semester.

Student Health Services **does not accept** these tests:

- ELISA
- IgG
- IgM
- Other forms of rapid testing
- PPD from other countries

If the test result is in a language other than English, it must be translated into English prior to submission to Student Health Services.

Test results may be submitted by fax at (210) 458-4151 or by email to StudentHealthServices@utsa.edu

**Health Insurance for International Students**

For information on health insurance for international students, visit International Programs (http://catalog.utsa.edu/informationbulletin/academicresources/internationalprograms/#insurance).